

RELEASING TRAUMA FROM THE SPIRIT, SOUL, AND BODY
Sunday, January 14, 2018

AS WE PRAY, WE RECEIVE YOUR SPIRIT AS A POULTICE, AND DRAW FROM US ALL THE PAIN, TRAUMA, SHOCK, FEAR, TERROR AND SHAME, BRINGING IT ALL TO DEATH ON YOUR CROSS. YOU SUFFERED AND DIED FOR US AND WE APPROPRIATE ALL THAT YOU ACCOMPLISHED FOR US.

POUR IN YOUR LOVE AND GRACE AND BY THE POWER OF THE HOLY SPIRIT REMOVE ANY TRAUMATIC MEMORY THAT HAS BEEN STORED IN THE CELLS OF OUR BODY AND RESTORE THE CELLS TO PERFECT ORDER AND VIBRATION.

LORD WE BLESS THE VERY MOMENT THE EGG AND THE SPERM CAME TOGETHER AND WE CAME TO BE. WE BLESS THE CONCEPTION AND EVERY MOMENT THAT WE WERE IN OUR MOTHER'S WOMB. HOLY SPIRIT WE ASK THAT YOU BROOD OVER THE ORIGINAL DNA AND RESTORE ALL VIBRATIONS, FREQUENCIES, TONES AND COLORS WITHIN US AND REMOVE ANYTHING THAT IS NOT OF YOU.

HEAVENLY FATHER, WE ASK THAT YOU REMOVE ANY TRAUMA EXPERIENCED IN THE WOMB; ABSORBED FROM THE WOMB; OR PASSED DOWN THROUGH THE GENERATIONS, WE ASK THAT YOU WOULD HEAL THE VERY DNA AND REMOVE ALL SHOCK, TRAUMA, FEAR, TERROR AND SHAME THAT HAS COME THROUGH THE BLOOD LINE OF OUR GENERATIONAL FLOW.

TOGETHER WE PLANT THE CROSS OF JESUS CHRIST FIRMLY BETWEEN US AND OVER OUR GENERATIONS AND ASK THAT ALL INIQUITY BE STOPPED AT THE CROSS OF CHRIST. FORGIVE THOSE IN GENERATIONS WHO TRAUMATIZED

OTHERS, OR MANIPULATED, DOMINATED OR CONTROLLED THROUGH FEAR AND TORMENT. RELEASE YOUR PRECIOUS BLOOD AND HEAL ALL UNRESOLVED GRIEF AND PAIN.

WE BLESS OUR BIRTH, COME FORTH INTO NEWNESS OF LIFE. WE SAY THAT WE ARE WELCOME ON THIS EARTH. THERE IS A PLACE FOR US HERE. OUR HEAVENLY FATHER HAS A PURPOSE FOR US AND A PLAN TO GIVE US A FUTURE AND A HOPE, TO PROSPER US IN EVERY WAY.

HEAVENLY FATHER, BRING YOUR HEALING AND PLEASE REMOVE ANY SHOCK, TRAUMA, FEAR OR TERROR THAT WE EXPERIENCED IN THE BIRTHING PROCESS OR IN THE MOMENTS FOLLOWING. LET US FULLY EMBRACE THE LIFE THAT YOU HAVE GIVEN.

WE ASK YOU TO COME INTO OUR CONSCIOUS MEMORY, UNCONSCIOUS MEMORY AND SUBCONSCIOUS MEMORY AND REMOVE ALL SHOCK, TRAUMA, FEAR, SHAME, AND THE PAIN THAT HAS CAUSED SO MUCH TORMENT.

HEAL THE AMYGDALA, AND REMOVE ALL SHOCK, TRAUMA, FEAR TERROR AND SHAME FROM THE EMOTIONS.

I ASK THAT YOU BRING HEALING TO THE “FEAR CENTER” OF OUR BRAIN. TURN OFF THE FALSE ALARMS THAT HAVE BEEN RINGING FOR SO LONG, AND REPLACE THE FEAR, DREAD AND HYPER VIGILANCE WITH GODLY DISCERNMENT. HEAL THE IMMUNE SYSTEM AND REMOVE ALL TOXINS THAT REMAIN FROM ANY CHEMICALS OR HORMONES THAT HAVE Poured THROUGH OUR BODIES FOR SO MANY YEARS.

HEAVENLY FATHER, PLEASE REMOVE THE TRAUMA FROM OUR EYES AND EARS. WASH OVER ANY IMAGES “SEARED

UPON THE SOUL, WITH THE BLOOD OF JESUS CHRIST.
REMOVE THE TRAUMA FROM ANY WORDS SPOKEN AND
REMOVE ANY DISHARMONY, DISEASE OR DISORDER THAT
THESE WORDS OR IMAGES HAVE CAUSED. SING YOUR SONG
OF LOVE OVER US AND BRING EVERYTHING WITHIN US INTO
AGREEMENT WITH YOUR SONG AND ORIGINAL DESIGN. IN
THE NAME AND BY THE BLOOD OF JESUS CHRIST WE
PROPHESY ORDER AND HEALING INTO OUR SPIRIT, SOUL
AND BODY.

REMOVE ANY TRAUMA OR SHAME THAT IS ASSOCIATED
WITH SCENT

REMOVE ANY TRAUMA FROM THE SKIN

LORD, TRAUMA HAS SHAKEN US TO THE VERY CORE OF OUR
FOUNDATIONS, AND WE ASK THAT YOU HEAL EVERY CRACK
WITH YOUR LOVE. RESTORE TRUST AND THE GRACE TO
BELIEVE IN YOU AND RECEIVE YOUR PROMISES AND TO
TRUST OTHERS.

WE ASK, LORD JESUS, THAT YOU WOULD REMOVE ALL
SHOCK, TRAUMA, FEAR, TERROR AND SHAME FROM OUR
WILL AND SPIRIT. RESTORE OUR WILL AND STRENGTHEN IT
IN EVERY WAY.

WE ASK LORD JESUS, THAT YOU WOULD REMOVE ALL
SHOCK, TRAUMA, FEAR, TERROR AND SHAME FROM THE
MUSCLES, LIGAMENTS, TENDONS, BONES AND BONE
MARROW. BRING YOUR HEALING POWER TO EVERY AREA
WHERE OUR SPIRIT HAS BEEN CRUSHED OR BROKEN, AND
RESTORE HEALTH, VITALITY AND VIGOR. MAKE OUR BONES
AND CONNECTIVE TISSUES STRONG.

WE ASK THAT YOU WOULD REMOVE ALL SHOCK, TRAUMA,

FEAR AND TERROR OFF THE ORGANS OF OUR BODY.

LORD, WE ASK THAT YOU WOULD SEVER ALL FEAR BONDS, TRAUMA BONDS, AND ALL UNHEALTHY AND UNHOLY SOUL TIES THAT HAVE BEEN CREATED THROUGH TRAUMA.

WE BREAK EVERY ASSIGNMENT OF TRAUMA AGAINST US AND BIND AND SEND AWAY EVERY GUARD ASSIGNED US. WE RECEIVE AND APPROPRIATE THE LOVE, POWER AND SOUNDNESS OF MIND THAT YOU HAVE PROMISED TO GIVE US.

LORD JESUS, BRING TO DEATH ANY OLD WAYS OF RESPONDING AND REACTING TO SHOCK, TRAUMA, FEAR AND TERROR. DISMANTLE THE UNGODLY STRUCTURES OF DEFENSE AND ESTABLISH NEW NEUROLOGICAL CONNECTIONS TO THE JOY CENTER. REBUILD WITHIN US NEW GODLY STRUCTURES OF DEFENSE BASED ON SCRIPTURE, TRUST IN YOU AND TRUE UNDERSTANDING OF OUR SPIRITUAL AUTHORITY AS A DAUGHTER OR SON OF THE MOST HIGH GOD.

FILL EVERY CELL WITH YOUR PEACE AND HEALING GRACE. DISPLACE ANY DARKNESS WITH YOUR LIGHT. KEEP US IN YOUR PERFECT PEACE, ESPECIALLY IN THE NIGHT SEASONS AND BRING REST. SEND HEAVENLY HOSTS TO GUARD US AS WE SLEEP AND QUIET US WITH YOUR LOVE AMEN.

ARE YOU STUCK IN YOUR PAST

January 14, 2018

DANGER OF INTERNALIZING A TRAUMATIC EVENT WILL RESULT IN SOME LEVEL OF POST TRAUMATIC STRESS DISORDER (PTSD).

THIS IS A TYPE OF ANXIETY DISORDER WHERE ONE CONTINUES TO RELIVE THE PAIN, FEAR, AND REGRET OF A PAST TRAUMATIC EVENT AS IF IT IS HAPPENING ALL OVER AGAIN: FLASHBACKS, NIGHTMARES, AND OBSESSIVE MEMORIES.

PTSD IS A SERIOUS MENTAL CONDITION WHICH IS A LASTING CONSEQUENCE OF TRAUMATIC EVENTS. THERE ARE THREE MAIN CATEGORIES OF SYMPTOMS WHEN IT COMES TO PTSD:

1. MEMORIES - OBSESSIVE
2. AVOIDANCE - COMES FROM NEGATIVE REINFORCEMENT
3. HYPERAROUSAL, ANOTHER TERM FOR AN INCREASE IN ANXIETY AND EMOTIONS, PANIC ATTACK

POST TRAUMATIC STRESS RESULTS WHEN WE HIDE A TRAUMATIC EVENT IN OUR HEART

JESUS' PUBLIC MINISTRY DEALT WITH PTSD (LUKE 4:18-19) WHICH WOULD RESULT IN SETTING PEOPLE FREE FROM PAST TRAUMA.

MANY ARE STUCK IN THEIR PAST AT THE SAME TIME THEY ARE ATTEMPTING TO MOVE INTO THEIR FUTURE AND ARE CARRYING UNRESOLVED BURDENS (BAG AND BAGGAGE) THAT ARE COUNTER PRODUCTIVE TO A NEW BEGINNING AND HEALTHY RELATIONSHIPS.

GOD'S PRIORITY FOR YOUR LIFE IS TO SET YOU FREE FROM THE TRAUMA OF YOUR SIN, THE SINS OF OTHERS, GUILT, SHAME, AND TRAUMATIC EVENTS SUCH AS LOSSES, AND ABUSES OF OTHERS, ETC.

(POSSIBLE EXAMPLES)

THE HOLY SPIRIT HAS TAUGHT ME THAT A GRAVE SITE MUST BECOME A PLACE OF RELEASE AND CLOSURE AND WHERE WE MAKE PEACE WITH PAST LOSSES; WHERE DISAPPOINTMENTS ARE DIVINE APPOINTMENTS.

RECEIVING GOD'S GRACE FOR HEALING AND CLOSURE AND VERBALLY RELEASING (ROMANS 10:9, 10) YOUR PERSONAL RIGHT TO THAT RELATIONSHIP, LOSS, AND RIGHT FOR VENGEANCE, BACK TO GOD.

REV. 12:11

JESUS' INSTRUCTIONS (JOHN 20:19-23)

FORGIVE THE LOSS--LIFE CAN SEEM UNFAIR SO FREE YOURSELF FROM BEING ITS VICTIM.

ACT IN FAITH AT EVERY TRAUMA THAT OCCURS. RELEASE IT TO GOD AND BELIEVE IT'S GOD'S PERFECT WILL TO WORK OUT FOR YOUR GOOD AND GOD'S GLORY.

THE CROSS IS A PLACE WHERE THE BIBLE SAYS THE CHASTISEMENT OF OUR PEACE WAS UPON HIM. IN OTHER WORDS, JESUS TOOK ALL OUR PAST, PRESENT AND FUTURE PTSD ON HIMSELF SO THAT WE NEVER AGAIN NEED TO BE ITS VICTIM. (ISA. 53:5).

WE ARE SO VULNERABLE BECAUSE WE WERE CREATED TO INTERNALIZE POSITIVE AND NEGATIVE. IT IS GOD'S HIGHEST WILL THAT WE INTERNALIZE HIS WORD IN OUR HEART. WE BECOME ONE WITH WHAT WE INTERNALIZE, TREASURE OR TRAMMA.

WARNING SIGNALS YOU ARE STUCK IN THE PAST:

1. YOU'RE CONSTANTLY TALKING ABOUT THE WAY THINGS USED TO BE.
2. YOU ARGUE THAT THE PAST WILL ALWAYS BE BETTER THAN THE PRESENT AND THE FUTURE.
3. YOU HAVE NO REAL VISION OR EXPECTATION FOR THE FUTURE.
4. YOU CONTINUALLY FAIL TO PLAN FOR A BETTER FUTURE.

5. YOU RESIST COUNSEL TO CHANGE.

6. YOU HAVE ANXIETY WHEN YOU THINK OF THE FUTURE

WHEN FORGIVENESS IS APPLIED THE BLOOD CAN ERASE
TRAUMA AS THOUGH IT HEVER HAPPENED

OUR HEART IS FOR SACRED TREASURES

LUKE 2:19

LUKE 2:51

PSALM 40:8

PSALM 37:31

JOB 22:22

OLD MEMORIES, OLD SINS, OLD REGRETS
IT SEEMS SOMEONE NEVER FORGETS
THEY SEEM TO RETURN TO HAUNT ME
OVER AND OVER AGAIN
WHEN WILL THEY DISAPPEAR
WHEN! WHEN! WHEN!

FEELS LIKE BEING STUCK IN THE PAST
I AM CURIOUS AS TO HOW LONG IT WILL LAST
IT EATS AWAY THE PRESENT SO FAST
THAT EVEN OUR FUTURE WILL BECOME THE PAST